

**RULES of PLAY** U10

1. Games will be coed played on one field.
2. Seven players per side, including goalkeeper.
3. Basic positions shall be introduced – offense, defense.
4. Corner kicks, goal kicks, and throw-ins will be played.
5. On goal kicks, the opposing team must back up behind the build-out line short of midfield. The players may advance once the ball is touched by an opposing player.
6. When the goalkeeper has possession with their hands, the opposing team must back up behind the build-out line. The goal keeper can play the ball immediately or wait for the other team to retreat to the build-out line. The players may advance once the ball is touched by an opposing player.
7. Offside will not be considered during games.
8. Coaches shall introduce offside in practice to get the players familiar before players progress to U12.
9. Games shall consist of two 22 minute halves.
	1. Five minute half time break.
10. There will be one center referee officiating the game.